



Women's Health in Women's Hands Community Health Centre provides primary health care to racialized women and trans-identified people who are 16 years and older, prioritizing those from Black, Caribbean, African, Latin American and South Asian communities. We offer a wide range of programs and services including advocacy and settlement support for newcomer women.

Website: www.whiwh.com

T: 416-593-7655

INCREASE • INNOVATE • IGNITE



SKYLARK

CHILDREN | YOUTH | FAMILIES

Skylark – born from the merging of Delisle Youth Services and Oolagen Youth Mental Health – is a leading Toronto-based charity dedicated to children, young people and their families struggling with complex mental health and developmental needs.

T: 416 482 0081 or or info@skylarkyouth.org



Egale Youth OUTreach offers individual counselling, homelessness and suicide crisis services for LGBTQ2S youth up to age 29.

Drop in Mon-Thu from 2-8pm, Fri from 2-6pm

Website: <http://egale.ca/outreach/>

T: 1 (416) 964 7887 ext 9 or Outreach@egale.ca



The Refugee Ministry at the Metropolitan Community Church of Toronto (MCCT) serves in-land LGBTQ+ refugee claimants through their Refugee Peer Support Program, and LGBTQ+ refugees facing persecution abroad through their private sponsorship and resettlement program.

Website: www.mcctoronto.com

Tel: (416) 406-6228 ext:125

refugeepeersupport@mcctoronto.com



Black CAP's lesbian, gay, bisexual, trans and queer+ (LGBTQ+) Settlement Program serves Black, African and Caribbean LGBTQ+ new immigrants including: refugee claimants, convention refugees, government assisted refugees, permanent residents and economic migrants. We support clients throughout their settlement process. In some cases, we may work with a team; which might include housing workers, employment counselors, lawyers, doctors and other service providers to ease your settlement process. Individual counseling and LGBTQ+ support groups are also provided on site.



**planned
parenthood
toronto**

At Planned Parenthood Toronto, we work tirelessly to provide sexual health education that is inclusive of all gender identities and sexual orientations. We promote self-care, informed decision-making, healthy sexuality and healthy relationships, so you can take pride in who you are, and who you will grow to become.

Website: <http://www.ppt.on.ca/>

T: 416-961-0113



sherbourne HEALTH

Supporting Our Youth (SOY) is a program of Sherbourne Health that provides programs for all lesbian, gay, bisexual, trans and queer+ (LGBTQ+) youth ages 29 and under. The Express program at SOY is a weekly drop-in for newcomer, immigrant, refugee and non-status LGBT2SQ youth. It takes place every Tuesday from 6-8pm at Sherbourne Health. Other services at Sherbourne include LGBT2SQ Health Care, LGBTQ Parenting Network, Rainbow Health Ontario and Urban Health Services. SOY Website: www.soytoronto.org T: 416-324-5077



Access Alliance
Multicultural Health and Community Services

Access Alliance takes pride in offering programs and services for lesbian, gay, bisexual, trans and queer (LGBTQ+) newcomers. We recognize that Lesbian, Gay, Bisexual, Trans, and Queer (LGBTQ+) people who are new to Canada face particular challenges. Our settlement services will support clients in finding their way in Toronto and in developing increased confidence and pride in who they are.

Website: www.accessalliance.ca T: 416-693-8677



For more than 20 years the FCJ Refugee Centre has been meeting the multifaceted needs of diverse newcomer populations. We have always kept our doors open for people in need, including members of the lesbian, gay, bisexual, trans and queer+ (LGBTQ+) communities. The Centre has been celebrated for its particular capacity to address the intersections of precarious immigration status with other needs and vulnerabilities. The Centre's integrated approach includes transitional housing for women and children and a span of settlement and refugee protection programs.

Website:

www.fcjRefugeeCentre.org

reachOUT is a creative, inclusive & accessible program for lesbian, gay, bisexual, trans, two-spirit, gender nonconforming and queer (LGBT2GNCQ) people in the Greater Toronto Area. In particular, we recognize the needs of youth and adults who experience multiple oppressions and work to create spaces with and for people who are traditionally excluded from mainstream services, including people of colour, trans, two-spirit and gender nonconforming people, and disabled people

Website: www.griffin-centre.org

T: 416-222-1153



LGBTQ+

Settlement Network

Toronto

The LGBTQ+ Settlement Network is made up of service providers and community members in the Greater Toronto Area (GTA) who work with lesbian, gay, bisexual, trans and queer+ (LGBTQ+) newcomers, immigrants and refugees.

The Network's purposes include to support frontline workers, to coordinate outreach efforts to LGBTQ+ newcomers, to increase visibility and stimulate dialogue in the broader community, and to share referrals and best practices.

Updated May 2016

OCASI

Ontario Council of Agencies Serving Immigrants

The OCASI Positive Spaces Initiative supports the immigrant and refugee-serving sector in Ontario to work respectfully and effectively with lesbian, gay, bisexual, trans and queer+ (LGBTQ+) newcomers. We provide training and resources for service providers, and seek to build regional networks around the province to connect LGBTQ+ newcomers, staff, volunteers, and community members.

Website: www.ocasi.org/PositiveSpaces

T: 416-322-4950



The 519 is a City of Toronto agency with an innovative model of Service, Space and Leadership, we strive to make a real difference in people's lives, while working to promote inclusion, understanding and respect. The 519 is committed to the health, happiness and full participation of the LGBTQ community.

Website: www.the519.org

T: 416-392-6874



CultureLink's Youth Program, Sankofa, is a peer-supported Positive Space for lesbian, gay, bisexual, trans and queer+ (LGBTQ+) youth, girls, and refugee newcomer youth (aged 14-29) seeking discrimination-free and culturally-inclusive services regardless of immigration status. Programs include: settlement services, community engagement, environmental stewardship and gardening, leadership and volunteer opportunities, nutrition, health and wellness, physical recreation, self defense ... and lots more. Website: www.CultureLink.ca

Calendar for LGBTQ+ Community Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LGBTQ+ Newcomer Re-settlement Support Workshop For all LGBTQ+ newcomers Access Alliance Third Monday of every month 4:30pm -7pm Location: 761 Jane Street, 2nd Floor (Jane/Woolner)</p> <p>Rainbow Sistas For Black, African, Caribbean Lesbian/Bi/Queer /Trans/Questioning Women Black CAP First Monday of every month 5pm – 8pm Location: 20 Victoria Street, 4th Floor (Victoria/King)</p> <p>Foreign Integration For LGBT Black, African and Caribbean newcomers Black CAP Last Monday of every month 6pm – 9pm Location: 20 Victoria Street, 4th Floor (Victoria/King)</p> <p>Drop-in support For LGBTQ+ youth under 30 EGALE Youth OUTReach Daily 2-8pm Location: 290 Shutter street, L1 (Shutter and Sherbourne)</p>	<p>EXPRESS For newcomer, Immigrant, and refugee youth under 30 Supporting Our Youth (SOY) Sherbourne Health Center Weekly 6:30pm – 8:30pm Location: 333 Sherbourne Street, 2nd floor (Sherbourne/Carlton)</p> <p>Drop-in support For LGBTQ+ youth under 30 EGALE Youth OUTReach Daily 2-8pm Location: 290 Shutter street, L1 (Shutter and Sherbourne)</p>	<p>Among Friends LGBTQ Refugee Peer Support Group 519 Church Weekly 7:30pm Location: 519 Church Street (Church/Wellesley)</p> <p>Refugee Support Information Session For all LGBTQ+ refugees MCCT Second and fourth Wednesday 12 - 1pm Location: 115 Simpson Avenue</p> <p>Drop-in support For LGBTQ+ youth under 30 EGALE Youth OUTReach Daily 2-8pm Location: 290 Shutter street, L1 (Shutter and Sherbourne)</p>	<p>LGBTQ+ Newcomer Re-settlement Support Workshop For all LGBTQ+ newcomers Access Alliance Weekly 4:30pm -7pm Location: 3079 Danforth Ave (Victoria Park/Danforth)</p> <p>Sankofa Drop-In For youth aged 14-29 who identify as newcomer, regardless of immigration status. CultureLink Weekly 4pm - 6pm Location: 2340 Dundas St West, #301 (Bloor/Dundas West)</p> <p>Socialite 411 Peer support group for African, Caribbean and Black Gay/ Bi/Queer/Trans/ Questioning male identified 16 – 29 years old. Black CAP Bi-weekly 6 pm – 8 pm Location: 20 Victoria Street, 4th Floor (Victoria/King)</p> <p>Drop-in support For LGBTQ+ youth under 30 EGALE Youth OUTReach Daily 2-8pm Location: 290 Shutter street, L1 (Shutter and Sherbourne)</p>	<p>Drop-in support For LGBTQ+ youth under 30 EGALE Youth OUTReach Daily 2-6pm Location: 290 Shutter street, L1 (Shutter and Sherbourne)</p> <p>Sunday</p> <p>Among Friends LGBTQ Refugee Peer Support Group 519 Church Third Sunday of Every Month Location: 519 Church Street (Church/Wellesley)</p> <p>Refugee Peer Support Meeting For all LGBTQ+ refugees MCCT Fourth Sunday of Every Month 12:45pm - 2pm Location: 115 Simpson Avenue</p>